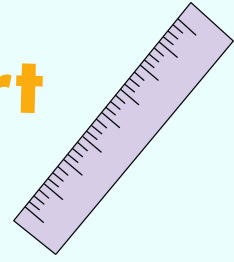


Lesson Plan: Being Smart with Our Smartphones



Grade Level:

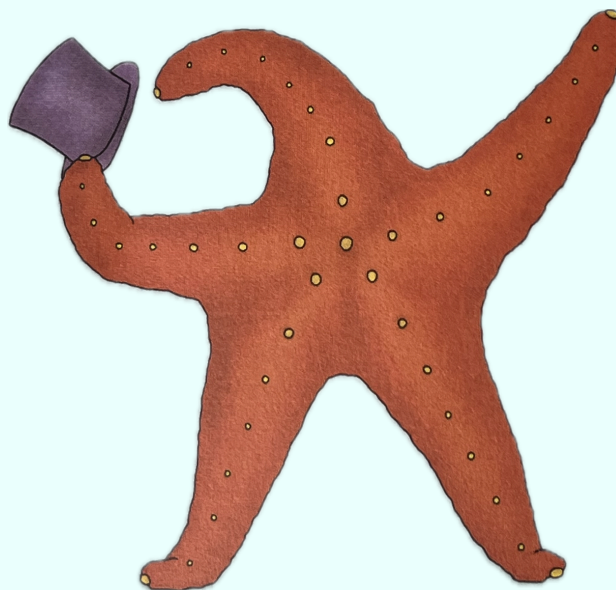
Elementary (3rd-5th grade)

Objective:

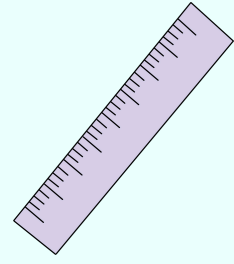
Students will understand the impact of smartphones on relationships and learn strategies for responsible phone use, including the importance of kindness online and the benefits of unplugging.

Materials Needed:

- A reading of and/or printed summaries of Professor Kipper Kidd Talks Phone-y Baloney
- Projector and screen for video presentation
- Whiteboard and markers
- Chart paper and markers
- Scenario cards (examples of online interactions) See book.
- Reflection journals



Lesson Overview



Introduction:

1. Begin with a brief discussion about smartphones. Ask students how many have smartphones and what they use them for.
2. Introduce the topic by sharing the summaries of "Professor Kipper Kidd Talks Phone-y Baloney." Highlight how phones can both connect and disconnect us.
3. Show a short video clip (if available) that illustrates the positive and negative impacts of smartphone use on relationships.

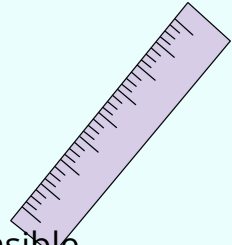
Body:

1. Discussion (15 minutes)
2. Divide students into small groups and provide each group with a printed summary.
3. Ask them to discuss the following questions:
4. How can smartphones push us apart?
5. How can they pull us together?
6. Why is it important to be kind online?
7. What does "unplugging" mean, and why might it be beneficial?
8. Have each group share their thoughts with the class.

Activity:

- Distribute scenario cards that depict various online interactions (e.g., a kind comment, a hurtful message, a situation where someone is ignored).
- In pairs, students will role-play the scenarios, demonstrating both positive and negative interactions.
- After each role-play, discuss as a class how the interaction could be improved to promote kindness and connection.

Lesson Overview



Closure:

1. Summarize the key points discussed in class about responsible smartphone use, kindness online, and the importance of unplugging.
2. Ask students to reflect on their own smartphone use and how they can apply what they've learned.
3. Introduce the idea of keeping a reflection journal where they can write about their experiences with smartphones over the next week.

Assessment:

- Evaluate students' participation in group discussions and role-plays.
- Review their reflection journals at the end of the week to assess their understanding and application of the concepts discussed.

Extension

- Encourage students to create a "Kindness Challenge" for the week, where they perform one kind act online each day and share their experiences with the class.
- Organize a "Tech-Free Day" where students are encouraged to unplug from their devices and engage in face-to-face interactions, followed by a discussion on their experiences.

This lesson plan aims to nurture a thoughtful approach to smartphone use among students, emphasizing the importance of kindness and connection in a digital age.

